# Samuel Simmons Consulting in partnership with Healing Brothers presents



# 14th Annual Community Empowerment Through Black Men Healing Conference



# September 22 & 23 2022

This year's objective is to make an authentic attempt to answer the following question. "How does a community heal when it feels like it's under attack?" The community experience with COVID-19 and the death of George Floyd became a nationwide eye-opening experience and hope for a reckoning for past trauma. This reckoning appears to be short-lived with increased community violence and a call for increased policing, which leaves the community feeling unsafe and under attack. We will take a critical deep dive into strategies to address these issues internally and externally and explore practical trauma-informed, culturally sensitive outcome-driven approaches that lead to community empowerment and healing.

The conference is open to all interested in the topic.

## Day One

**TIME** 9:00 AM

#### ACTIVITY

Welcome, Opening Remarks & Conference Overview

9:15 AM

#### "How does a community heal when it feels like it's under attack?"

Sam will welcome attendees to the two-day conference. He will discuss the overview and mission of the conference to take a critical deep dive into internally and externally traumatic issues and explore practical trauma-informed, culturally sensitive outcome-driven approaches that lead to community empowerment and healing.

Sam Simmons, LADC. Behavioral Consultant and owner Samuel Simmons Consulting

Sam has over 32 years of experience as an alcohol and drug counselor and behavioral consultant specializing in culturally sensitive trauma informed strategies and working with African American males and their families. Sam is co-creator of the Community Empowerment Through Black Men Healing conference called "Groundbreaking and Visionary." In 2018, he received recognition from Minneapolis, St. Paul Mayors, and Minnesota's Governor.

9:45 AM Break

10:05 AM

#### "The Future of Black Family"



Even thou the face of the black family structure has changed over the years. The resilient Black family is still at the core of the future of the Black community. The speaker will explore the link between historical, intergenerational, and current trauma-related issues that may challenge constructive family development. We will discuss practical, culturally Intelligent, trauma-responsive strategies that support and enhance resilience to successfully adapt and overcome traumatic life events and allow families to thrive.

Tiffany Turner-Allen, Executive Director of Nonprofit Prince George's County
Tiffany's passion and work have been intense across various public health and education
issues. Her expertise includes Violence in the Black Community, Violence Against Women,
Engaging Black Men, and Boys and Infant Mortality. As the Executive Director of Nonprofit
Prince George's County. Her mission is to see her community, Prince George's County, MD,
become a model of racial equity.

10:50 AM Break

#### 11:10 AM The Future of Black Family Panel



Clarence R. Jones, M.Ed, CPH, CHW, CPE., Community Health Strategist for the Hue-MAN Partnership (moderator) As Community health Strategist for the Hue-MAN Partnership, he focuses on working with community organizations in developing public health collaborations to address health disparities. He is a radio host on KMOJ FM Radio. I host a weekly radio program called "Community Health Dialogues."



Andre Dukes, Vice President, Family and Community Impact Northside Achievement Zone Andre leads the Family Academy, Early Childhood, Parent Leadership, and Community Power initiatives of the Northside Achievement Zone. He oversees the planning, development, management, and implementation of strategies to achieve the greatest possible impact in helping improve outcomes for individuals and families to achieve community level change.



**Devon Gilchrist, with the African American Child Well-Being Unit at the Minnesota Department of Human Services (DHS)** Devon is on a quest to reimagine the child welfare system in Minnesota, where racial disparities are some of the highest in the country. He believes passionately in family preservation, with families offering solutions to their problems instead of the state mandating actions.

#### **Adenike Chon**



Adenike is a Licensed Graduate Social Worker who currently consults on many diverse projects, including inclusion, leadership development, health, wellness, and mental health supports. She's a parent leader with Family Voices of Minnesota and passionately involved with other racial and equity building endeavors. Nationally, she has served in the Collaborative for Improvement and

Innovation Network and the American Academy of Pediatrics as a Parent Advisor

#### 12:40 PM

#### **BREAK LUNCH**

1:25 PM

#### "Using Healing Justice to Support Black Youth"



The speaker will explore the link between historical, intergenerational, and current traumarelated issues in our communities. Participants will understand the connection between trauma, Mental Health, and contemporary challenges in social justice. We will explore our experiences, perceptions, beliefs, and behaviors that may challenge constructive relationship development. We will discuss practical, culturally Intelligent, trauma-responsive strategies to keep our work moving forward within our society.



Brandon Jones, Executive Director of Minnesota Association for Child's Mental Health Brandon is the Minnesota Association for Children's Mental Health Executive Director. He has a consulting and training background in addressing Adverse Childhood Experiences (ACEs), Historical and Intergenerational trauma, Social/Emotional Intelligence (EQ), Leadership, and Intercultural Development Inventory (IDI). Brandon holds a B.A. in Sociology from the University of Minnesota, a master's in Community Psychology from Metropolitan State University, and a master's in Psychotherapy (MFT) from Adler Graduate School. Brandon is also a 2013 Bush

Foundation Leadership Fellow.

2:10 PM

#### Break

2:30 PM

#### **How to Support Black Youth Panel**



#### Richard Smith, Trauma Expert (moderator)

Richard is a nationally recognized expert on trauma and healing for survivors of interpersonal and systemic violence. He formally was the National Director of HealingWorks, a field building and movement building project committed to advancing healing equity for underserved survivors of violence.



# Dr. Cory Greene, co-founder and Healing Justice Organizer with How Our Lives Link Altogether! (H.O.L.L.A!)

I'm currently invested in developing, leading, and implementing an intergenerational youth-led citywide and nationwide grassroots movement for Black Liberation centered on Healing Justice. My community's wisdom and I have been featured in critical documentaries such as Ava Duvernay's

13th & From Prison to NYU.



#### Marie Humes, MS, LPC-IT

Marie is a compassionate and dedicated mental health professional and public speaker. She consults various schools and community organizations in the Milwaukee area to promote mental wellness within communities of color and across generations. She also works as the Director of Clinical Experience for the College of Graduate Studies at Cardinal Stritch University.



### Jerome Treadwell. St. Paul NAACP Youth & College Division

Jerome Treadwell is a 17 year old activist, musician, and athlete. He is also the second youngest St. Paul NAACP Youth & College Division elected at 16. Jerome has spoken about different social justice issues on many local and national platforms while also having his works featured on CBS, NPR, BBC, Teen Vogue, New York Times, TheShadeRoom, and The Guardian.

4:00 PM

**Break** 

4:15 PM

**CLOSING REMARKS with Sam Simmons Conference Organizer** 

4:30 PM

#### **END DAY**

#### 6:00 PM

#### 16th Annual Sons Of Bransford or SOB Awards



The goal of the Sons Of Bransford or SOB Awards is to recognize African American men and women who have positively impacted the community's social conditions and the lives of individuals through their quiet and not so quiet leadership. In the spirit of the award, who is worthy of receiving their flowers while they can still smell them!

Announcement of Winners Award winners will be recognized virtually at the link below:

https://us02web.zoom.us/j/85816008864?pwd=bXRaT3IJMVFEbEJkMWNoZklpQ2JCUT09

**Day Two** 

TIME 9:00 AM ACTIVITY
Welcome & Opening Remarks

"Support healers and providers:

9:15 AM

Why and how do we make this a practice?"



How we show up matters; how we practice matters. There is no magic in this work. Miracles happen when we embody self-care and let us be role models, not icons of care. We cannot discharge and posit care because it is intimate. Let us come to listen, learn and lead.



#### Dr. Raj S, Associate Professor at Metropolitan State University

Dr. Raj is a recovering criminologist, alcoholic, and survivor of sexual abuse, with over 20 years of community-based activism as a researcher and educator. Inspired by our youth's resilience, the men in our prison systems, community members, and justice personnel on restorative practices, trauma and healing, value-centered leadership, community building, and unpacking implicit biases. He believes in raising consciousness utilizing the restorative circle process.

10:00 AM

#### **Break**

#### 10:20 AM

#### **Supporting Healers and Providers Panel**



#### Reverend Aledria "Lee" Buckley (moderator)

Reverend Buckley is the founder of Living Faithfully. Lee is an online ministry that provides resources for a Christian lifestyle. Buckley has served as an Associate Minister and an Assistant Pastor and is now a member of the clergy team at Wheeler Avenue Baptist Church in Houston, TX. Her ministry focuses on Christian consulting, prayer, recovery, healing from historical and

generational trauma, and community leadership and engagement.



Otis Smallwood (Kemii Aptezil), Presence-Based Coach and Cultural Health Practitioner
He specialized in finding cultural solutions to personal and professional areas of concern. Skilled at
coaching high performance and prosperity mindsets, personal and professional satisfaction,
organizational effectiveness through employee and cultural engagement, alternative medicine, and
creating safe spaces for people to heal themselves.



#### Dr. Porshia Cunningham, LMFT

Dr. Porshia (@rootedintherapy) is a proud social justice advocate, compassionate culture & diversity trainer, and thriving business owner. Driven by her passion for others' life stories, most of her work as a mental health provider explores personal growth, meaningful relationship dynamics, and constructive ways to communicate needs.



#### Jaton White, Director of Community Wellness

Jaton focuses on family and organizational wellness, aligning with her life's purpose. She works hand-in-hand with partners, families, and scholars to understand their needs related to conflict, social-emotional, safety, and other wellness concerns.

#### 11:50 AM

#### **BREAK LUNCH**

# 12:10 PM What Keeps Us Safe? How Social Conditions Create Community Safety



Everyone deserves to feel safe in their community. Policies, systems, and social conditions prevent crime and promote community safety. This talk will explore system-level and family factors that contribute to safety and those that increase the risk of crime, violence, and injury. A moderated panel discussion will follow the presentation to provide community and system-level recommendations and strategic approaches for building safe, healthy communities.



## W. Curtis Marshall MS, Public Health Strategist/Consultant

Curtis has a broad background in public health. He recently retired after thirty-one years as a Public Health Strategist with the Wisconsin Division of Public Health. His belief that 'public health is everything, and everything is public health' has placed him in multiple public and private strategic discussions and think tanks to develop population-based health and safety

improvement strategies.

12:55 PM

#### **Breakouts**

1:15 PM

#### **Community Safety Panel**



Artika Roller, Executive Director of Minnesota Coalition Against Sexual Assault (moderator) Ms. Roller has over twenty years of experience managing projects in the for-profit sector. She plays a crucial role in public policy advocacy. She has been active in our legislative advocacy for the recently passed Safe Harbor Bill. Artika is respected by her peers, staff, and clients for her non-judgmental and holistic approach to providing advocacy and program management.



Justin Terrell, Executive Director, Minnesota Justice Research Center A community leader with a record of executing successful issue campaigns and is an expert in Criminal Justice and Democracy reform. He leads MNJRC's efforts to build a balanced and rigorous research program to equip Minnesotans with the information and tools needed to transform the punitive criminal legal system.



Charlie Caswell Jr., CEO of Caswell Group Consulting in Memphis, TN

Charlie is CEO of Caswell Group Consulting which is a company with a focus on helping to create trauma-informed and trauma-responsive organizations and communities. He serves on the Board of Directors of Legacy of Legends CDC, Shelby County Board of Health appointed by Mayor Lee Harris, Outreach Pastor at Impact Church and Shelby County Commissioner.



Sam Simmons, LADC. Behavioral Consultant and owner Samuel Simmons Consulting Sam has over 32 years of experience as an alcohol and drug counselor and behavioral consultant specializing in culturally sensitive trauma informed strategies and working with African American males and their families

2:45 PM

3:05 PM

#### **Break**

#### **CLOSING PANEL/CLOSING REMARKS**



Sam Simmons, LADC, Behavioral Consultant, and Conference Organizer, will moderate the closing panel. Other conference presenters and panelists will join him to summarize the two days of the conference and discuss where we go from here?



Brandon Jones. ED of MACMH



Artika Roller, ED of MCASA



W. Curtis Marshall Public Health Strategist



**Tiffany Turner-Allen** ED of NPGC

#### 4:30 PM

#### **END OF THE CONFERENCE**

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"When I dare to be powerful, to use my strength in service of my vision, then it becomes less and less important whether I am afraid." Audrey Lorde