

CURRICULUM VITAE

SAMUEL SIMMONS, JR., LADC

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SUMMARY

- ❑ Over 25-year of experience as a behavioral consultant in the areas of chemical dependency, violence abatement and historical trauma.
- ❑ Specialize in practical culturally sensitive trauma informed work with African American males and their families.
- ❑ Governor's Council on Faith and Community Service Initiatives Best Practices Awardee for work done with MN Department of Veterans Outreach Services, prison reentry and in the African American community.
- ❑ Organizer of the Community Empowerment through Black Men Healing Conference offering an alternative way of thinking about community building by addressing intergenerational trauma.
- ❑ Excellent interpersonal skills, powerful presenter, effective leader.

PRESENT APPOINTMENTS

Samuel Simmons Consulting, Minneapolis, MN 55406 **1/90 - Present**

Specialist in the fields of violence abatement, chemical dependency, prison reentry, working with African American Males and developing cultural competent urban sensitive programming.

Services Offered:

- ❑ Staff and organization practical cultural competent urban sensitive trauma informed and community based best practices lectures, workshops and trainings.
- ❑ Provided trainings, technical assistance on African American historical trauma and Adverse Childhood Experience (ACEs)
- ❑ Assist in developing collaborations between community organizations to improve service delivery.
- ❑ Curriculum development and group facilitation focused on African American men trauma.
- ❑ Staff training, management and supervision
- ❑ Policy development and writing

The Family Partnership (Formally Family and Child Services), **1/08 - Present**

Minneapolis, MN 55406

SAFE Families Manager:

- ❑ Staff training, management and supervision
- ❑ Manage, develop and implement
 - Healing Generations Curriculum and workbook to address African American Men the history of violence and family trauma.
 - Be More Boys Project. A project to work and train men to support young men and boys to engage in healthy and safe relationships.
 - Healing Generations culturally-specific chemical health relapse support program
- ❑ Curriculum development and group facilitation for the PRIDE (prostitution intervention program).
- ❑ Work with the Supervisor to develop evaluation tools, conduct evaluation and record outcomes of the groups based on the reporting needs for United Way and other funders.

Current Clients

❑ **St. Paul Intervention Project - In-Circled Project for Chronic Offenders, St. Paul, MN 55106** **1/11 - Present**

- The development of a chronic offender program curriculum to address violence against women.
- Development of program curriculum and materials African American men 18 to 35+
- Facilitator training and supervision

❑ **Goodwill/Easter Seals Minnesota Father Project's, St. Paul, MN 55104** **12/12 - Present**

- Facilitate the 'Empowerment Support Group' for single fathers.
- Development of program curriculum and materials.
- Staff training

- **Ramsey County Community Corrections - Adult Alternative Responses Programs (partnership with 180 Degrees) St. Paul, MN 55101** **2/14 - Present**

 - Cognitive Awareness Group is a culturally informed group to work with African American males 18 to 35 years of age whom commit or involved in intimate partner or family abuse and/or violent offences. Program designed to address black male trauma and self-defeating behaviors and them assist in identifying replacement behavior and attitudes to enhance their ability to act nonviolently or reoffend.
- **Women’s Advocates, Inc, St. Paul, MN 55101** **4/14 - Present**

 - Organizational leadership support
 - Staff trainings:
 - Empower others Through Self Awareness (overcome personal blind spots)
 - Motivational interviewing
 - Culturally sensitive trauma informed
 - Adverse Childhood Experience (ACEs)
- **Northpoint Health & Wellness Center, Minneapolis, MN 55411** **3/15 - Present**

 - Client support: group, individual and campus resources
 - Program development: curriculum, materials and campus resources collaboration.
 - Organizational leadership support: staff training, management and supervision

PAST CLIENTS

- **Amherst H Wilder Foundation - Project Quest, St. Paul, MN 55104** **10/14**

 - Facilitated four-week workshops entitled **Empowerment through Self-Awareness**.
 - Addressed the challenges of taking an honest look at beliefs and self-defeating behaviors that act as self-imposed barriers and the importance of identifying replacement thoughts and behavior and attitudes that will enhance their lives.
- **Minnesota Fathers & Families Network: 2014 Spring Workshop Series (MN Department of Human Services, Children’s Trust Fund), St. Paul, MN 55164** **10/13 – 6/14**

 - **“The Father Factor with Adverse Childhood Experiences and Trauma”** This workshop was offered around the state of Minnesota. The workshop provided foundational information about the Adverse Childhood Experience (ACEs) Study and discussion about how to build resiliency in children through positive father involvement. Also, incorporated information about overcoming barriers to father involvement. Introduce strategies to build stronger families and communities, share best-practices, tips and resources.
- **Sabathani Community Center/EHDI Grant, Minneapolis, MN 55407** **4/14 – 6/14**

 - **Empowerment through Self-Awareness workshop** for students of MNIC High School in line with EHDI Grant. Supplied and developed curriculum and evaluation materials around health relationships and personal success.
- **Minnesota Department of Human Services, Child Safety and Permanency, St. Paul, MN 55164** **1/13 – 6/13**

 - Developed staff training, program curriculum and materials focused on African American fathers to address Health Disparities
- **Hennepin County Housing, Community Works & Transit/Public Works, Minneapolis, MN 55415** **9/13 – 12/13**

 - Community engagement project to support to improve collaboration between community organizations and county projects.
- **Minnesota Department of Human Services, Child Safety and Permanency, St. Paul, MN 55164** **1/13 – 6/13**

 - Developed staff training, program curriculum and materials focused on African American fathers to address Health Disparities
- **Amherst H Wilder Foundation - Project Quest, St. Paul, MN 55104** **9/13 – 10/13**

 - Facilitated four-week workshops entitled **Empowerment through Self-Awareness**.
 - Addressed the challenges of taking an honest look at beliefs and self-defeating behaviors that act as self-imposed barriers and the importance of identifying replacement thoughts and behavior and attitudes that will enhance their lives.

- **EMERGE Villages Housing, Camden Apartments, Minneapolis, MN 55412** **4/13 – 7/13**

 - Facilitated twelve-week workshops entitled **Empowerment through Self-Awareness.**
 - Addressed the challenges of taking an honest look at beliefs and self-defeating behaviors that act as self-imposed barriers and the importance of identifying replacement thoughts and behavior and attitudes that will enhance their lives.

- **Dakota County Community Corrections Drug Court, West St. Paul, MN 55118** **10/12 – 6/13**

The empowerment through self-awareness group is a group for men who are struggling with maintaining their sobriety. The group was designed to increase participant's self-awareness to enhance their ability to successfully identify ways they maybe sabotaging themselves and start the process of healthy, successful sobriety and change.

- **Amherst H Wilder Foundation - Project Quest, St. Paul, MN 55104** **4/13 – 5/13**

 - Facilitated four-week workshops entitled **Empowerment through Self-Awareness.**
 - Addressed the challenges of taking an honest look at beliefs and self-defeating behaviors that act as self-imposed barriers and the importance of identifying replacement thoughts and behavior and attitudes that will enhance their lives.

- **African American Family Services, Minneapolis, MN 55408** **5/07 – 1/13**

 - Facilitated the Father Project's 'Empowerment Support Group' for young fathers and the Second Chance Initiative
 - Provided chemical health and anti-violence counseling for men of color.
 - Staff training, management, supervision and program curriculum and materials development.

- **Minnesota Department of Corrections, St. Paul, Minnesota 55108** **12/12 – 4/12**

 - Provided domestic violence pre-release training for the Mind the Gap grant at Fairbault Prison.
 - Educated men about the effects of domestic violence on children, ways to break the cycle of violence and develop healthy relationships.

- **Ramsey County Domestic Unit, St. Paul, MN 55106** **8/10 – 10/11**

 - Cognitive Awareness Violence Abatement Group is a culturally informed group to work with African American males 18 to 35 years of age whom commit or involved in intimate partner or family abuse and/or violent offences. Program designed to address black male trauma and self-defeating behaviors and them assist in identifying replacement behavior and attitudes to enhance their ability to act nonviolently or reoffend.

- **Q Health Connections (formally Southside Community Health Services (community outreach), Minneapolis, MN 55409** **6/04 – 4/11**

 - Program and material development for staff to decrease health disparities in communities of color by increasing aware and outreach with the focus on African American man and boys.
 - Aid in developing collaborations between community organizations to improve service delivery.
 - Assisted in an outreach project with Life Source to increase organ donation in the African American community.

- **Life Source and Q Health Connections Barbershop Initiative St. Paul, MN 55114** **3/07 – 4/11**

 - Material and strategy development to reach out and work with barbershop owners to increasing awareness amongst African American men about health issues like diabetes, high blood pressure, obesity and stress that effect the African American community at a high level. And inform how these health issues that can lead to organ failure.
 - Aided in training barbers to deliver correct health information to their customers to increase their customer's awareness of health issues that could lead to organ failure and the importance of organ donation in the African American community.
 - Assisted in data collection and evaluation of the effectiveness of the initiative.

- **New Perspectives, LLC, Richfield, MN 55423** **8/09 – 11/09**

 - Facilitated chemical health groups for adult men.
 - Development of program curriculum and forms.

- **Amherst H Wilder Foundation - Project Quest, St. Paul, MN 55104** **11/08 – 4/09**

 - Facilitated two six-week workshops entitled **Empowerment through Self-Awareness.** Assisted clients to take an honest look at beliefs and self-defeating behaviors that act as self-imposed barriers and identify replacement thoughts and behavior to enhance their lives.

- **Hennepin County Community Corrections, Minneapolis, MN 55487** **5/08 – 6/09**

 - Developed group and individual cognitive-behavioral services to assist male parolees in taking an honest look at personal trauma that contributes to beliefs and behaviors associated with hyper-masculinity, violence, drug use and other self-defeating behaviors that act as self-imposed barriers to making sustainable growth and change, and identifying replacement behavior and attitudes to decrease the likelihood of re-offending.
 - Assisted in developing collaborations in the community to improve service delivery.
- **African American Men Project, Minneapolis, MN 55411** **4/04 – 4/08**

 - Produced and host weekly community radio talk show.
 - Developed curriculum and workbook for men’s empowerment group and Facilitated the group.
 - Designed and/or develop a pre and post-individual evaluations to gauge the men’s progress, along with a program evaluation and completion certificate for the men’s empowerment group
 - Assisted with training and support of System Navigators for Right Turn Project
- **My Home, Inc., African American Transition Institute, St. Paul, MN 55104** **4/96 – 6/07**

 - Assisted in client tracking and program budgets development.
 - Intern and program staff training and supervision
 - Development of policy and forms Rule 31 compliant
 - Performed chemical health and family violence assessments
 - Developed curriculum for a dual violence and substance abuse program.
- **Sister Kenny Institute, Chronic Pain Program, Minneapolis, MN 55407** **10/83 – 12/05**

 - Provided individual counseling and group facilitation with complex clients on behavioral adjustment and anger management issues.
 - Program, curriculum, staff and material (workbook and questionnaires) development.
 - Performs chemical health and medication use assessments
 - Assisted with psychology interns supervision and cultural diversity training.
- **Concordia Care Center, Minneapolis, MN 55411** **10/03 – 5/04**

 - Provided staff training and support.
 - Provided chemical health counseling and mental health support for clients.
- **Minnesota Advanced Pain Specialists, Coon Rapids, MN 55433** **4/97 - 2/98**

 - Program curriculum development, and provided individual and group counseling.
- **Continuum Center/Project Resource Committee, Minneapolis, MN 55414** **7/90 - 4/98**

Assisted in the development and teaching of **“the Recovery of Self”** curriculum that addresses the issues of self-esteem, goal setting and coping skills.
- **Family Intervention Program, Plymouth, MN 55441** **6/93 - 4/96**

Facilitating chemical health and anger management groups for adolescences in school systems in the western suburb of Minneapolis, St. Louis Park, Plymouth, Richfield School, etc.
- **The College of St. Catherine, Minneapolis, MN 55454** **7/95 - 3/97**

 - Facilitated diversity workshops and training with students and staff.
- **Community Family Clinic (Excelsior Project), Plymouth, MN 55441** **8/90 - 1/97**

 - Provided program and staff development, assisted in managing business affairs, such as computerizing billing and client tracking, hiring, program budgets, marketing and negotiating new contracts.
 - Facilitated groups for adolescences and adult men, provided chemical health and violence assessments, and developed program materials.
- **P.E.A.S.E. Academy, Minneapolis, MN 55405** **1992 - 1996**

Instructed a course entitled **“Exploring Expectations, Emotions, Experience and Their Effect on Behavior”** and presented motivational lectures.
- **West Suburban Counseling Clinic, Minnetonka, MN 55343** **1992 - 1994**

Program development, marketing, staff recruitment, training for the Chronic Pain Program.
- **Oak Park Heights, Minnesota Correctional Facility, (In conjunction with Minneapolis Community College), Oak Park Heights, MN 55082** **1/93 - 3/93**

Prepared and presented course entitled **“Exploring Expectations, Emotions, Experience and Their Effect on Behavior”** to the inmates.

- People, Incorporated/Community Mental Health, Minneapolis, MN 55411 1991 - 1992
Staff development, training, and workshops.
- Golden Valley Health Center, Golden Valley, MN 55427 1991 - 1992
The program development, marketing, staff recruitment, training for the Chronic Pain Program.
- Abbott Northwestern Hospital, Minneapolis, MN 55407 4/84 - 12/89
Worked as director/Assistant director of residential mental health center and mental health counselor

PRESENTATIONS/WORKSHOPS/TRAININGS

- Hazelden Graduate School of Addiction Studies, Center City, MN 55012 11/15
“Adverse Childhood Experiences and Historical Trauma: recovery in the African American Community” This Continuing Educational presentation explored the link between Adverse Childhood Experiences and historical trauma related to the African American community experiences, perceptions, beliefs and behaviors that may act as challenges to African Americans in recovery. Also, discussed practical culturally sensitive trauma informed outcome driven best and/or promising practices and possible conscious or unconscious bias.
- ISD 709 Duluth Public Schools Duluth Schools 11/15
“Intro to Historical & Generational Trauma and relationship to ACEs” This professional development trainings and workshop provided an opportunity for school staff and community members to explore the link between Adverse Childhood Experiences and historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to student success. Also, discussed practical culturally sensitive trauma informed outcome driven best and/or promising practices.
- YWCA Works, St. Paul, MN 55104 10/15
“Domestic Violence 101” Workshop addressed the basics of domestic violence for staff.
- African American Babies Coalition: Training of Trainers (male cohort), St. Paul, MN 55104 10/15
“African American Historical Trauma” This workshop provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American parents and families. Discuss practical, culturally sensitive, trauma informed, outcome driven and community based best practices focused on the African American community.
- Masculinity 2.0: Manhood Redefined, Healthy Masculinity in the African American Community, Syracuse, NY 13057 10/15
Historical Trauma: “Addressing challenges to engaging African American men and boys to end violence against women and girls.” This workshop provided an opportunity for participants to explore the link between historical trauma and challenges to effectively engaging African American men and boys in addressing domestic and/or dating violence and ending violence against women and girls.
- YWCA Works, St. Paul, MN 55104 10/15
“African American’s Historical Trauma: domestic violence” Workshop addressed African American historical trauma and its relationship to domestic violence in the community.
- Minnesota Department of Human Services with support from the Bush Foundation Community Innovation Grant, Saint Paul, MN 55107 9/15
“African American Historical Trauma” This workshop provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American parents and community. Discuss practical, culturally sensitive, trauma informed, outcome driven and community based best practices.
- African American Babies Coalition: Training of Trainers (male cohort), St. Paul, MN 55104 9/15
“Adverse Childhood Experiences and Trauma” The workshop provided d foundational information about the Adverse Childhood Experience (ACEs) Study and discussion about how to build resiliency in children through positive father involvement. Also, introduced strategies to build stronger families and communities, share best-practices, tips and resources.

“African American Historical Trauma: emphasis on black masculinity” This workshop provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American men and families. Discuss practical, culturally sensitive, trauma informed, outcome driven and community based best practices focused on the African American community.

- **YWCA Works, St. Paul, MN 55104** **9/15**
“African American’s Historical Trauma: domestic violence” Workshop addressed African American historical trauma and its relationship to domestic violence in the community.
- **People Serving People, Minneapolis, MN 55415** **9/15**
“Generational Trauma: African American community” This workshop provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American parents and community. Discussed community based best practices focused on the African American community.
- **City of Minneapolis’ Youth Violence Prevention Blueprint for Action, Minneapolis, MN 55401** **8/15**
“Generational Trauma: African American community” This workshop provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American parents and community.
- **Communities Collaborative Brain Development Conference, Mahnomon, MN 56557** **8/15**
“The Father Factor with Adverse Childhood Experiences and Trauma” The workshop provided foundational information about the Adverse Childhood Experience (ACEs) Study and historical trauma. Also, discussion about how to build resiliency in children through positive father involvement. Also, discussed practical, culturally sensitive best and/or promising practices to build positive father involvement.
- **People Serving People, Minneapolis, MN 55415** **8/15**
“Generational Trauma: African American community” This workshop provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American parents and community.
- **The 10th Annual Surviving The Game Student Leadership Conference at Target Center, Minneapolis, MN 55403** **7/15**
“Life After the Game” Panel discussed strategies to be successful in spite of life challenges.
- **YWCA Works, St. Paul, MN 55104** **7/15**
“African American’s Historical Trauma: domestic violence” Workshop addressed African American historical trauma and its relationship to domestic violence in the community.
- **Minnesota Communities Caring for Children/Prevent Child Abuse Minnesota, St. Paul, MN 55106** **5/15**
Historical Trauma Workshop Co-Facilitated an interactive and educational two days of self-reflection and conversation workshop on historical and intergenerational trauma. Also, offered an opportunity for attendees to consider their own individual journeys and as a learning community, examine the meaning of historical trauma specifically in African American and American Indian communities.
- **Crisis Intervention Team (CIT) training, Stillwater, MN 55082** **5/15**
“Reclaiming the Narrative: Adverse Childhood Experiences and Historical Trauma” The training was an informative and interactive workshop to explore the link between historical and current trauma related to the African American community’s experiences, perceptions, beliefs, and behaviors that may act as challenges to effective sustainable change. The training also discussed and examined practical, culturally sensitive, outcome driven and best and/or promising practices.
- **Goodwill/Easter Seals Minnesota Father Project's, St. Paul, MN 55104** **5/15**
“African American Historical Trauma” This workshop provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American parents and community. Discuss practical, culturally sensitive, trauma informed, outcome driven and community based best practices focused on the African American community.

- **MN OJP Together Towards Tomorrow; Making Space for Courageous Conversations: Conference on Crime and Victimization**, Brainerd, MN 56401 **5/15**
Historical Trauma: "Sexuality in the African American Community" This presentation explored sexuality in the context of race, gender and socioeconomics, and the manner in which historical trauma is linked to perceptions, beliefs and sexual behavior. Also, examined the possible conscious or unconscious influence of sexual stereotypes on the community and professionals.
- **Fourth National Summit on Youth Violence Prevention Reducing Violence/Building Community: From Promise to Practice**, Arlington, VA 22202 **5/15**
 "From Trauma and Adversity to Healing and Hope" This panel showcased interventions for helping children, families, and communities heal from violence and trauma: historical trauma, child abuse, domestic violence, and community violence.
- **Webinar Presented by Defending Childhood in partnership with: The Office of Juvenile Justice & Delinquency Prevention and Futures Without Violence** **5/15**
"Transforming Men and Boys to End Violence Against Women" (co presenter) This webinar explored male socialization and the history of childhood exposure to violence and trauma which is critical to our ability to develop prevention and intervention responses that are humanistic and compassionate and don't minimize responsibility. Also, shared the passion for creating change, taking risks and believing in the possibility of healing and transformation for all.
- **St Paul College, St. Paul, MN 55104** **4/15**
"Soul Food Dialogue" A spoken word workshop focusing addressing trauma and healing in one's life around food and food justice.
- **African American Babies Coalition: Information Meeting for the Training of Trainers**, St. Paul, MN 55104 **4/15**
"African American Historical Trauma" This workshop provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American parents and community. Discuss practical, culturally sensitive, trauma informed, outcome driven and community based best practices focused on the African American community.
- **Visible Child Initiative: Family Housing Fund Training Series**, Minneapolis, MN 55402 **3/15 - 4/15**
"Reclaiming the Narrative: Adverse Childhood Experiences and Historical Trauma" This training provided foundational information about the Adverse Childhood Experience (ACEs) Study and historical trauma. Also, addressed the impact of toxic stress on the brain and why culturally sensitive prevention is the most caring strategy for our society, what we can do collectively and individually.
- **Ending Youth Violence Roundtable**, Minneapolis MN 55411 **3/15**
"African Americans Historical Trauma" Exploring the links between historical/generational trauma as it relates to African Americans experiences and behaviors youth violence. Also, examined and discussed cultural competent and community based best practices to end youth violence.
- **MSSA 122st Annual Training Conference & Expo**, Minneapolis, MN 55403 **3/15**
Historical Trauma: "Sexuality in the African American Community" This presentation explored sexuality in the context of race, gender and socioeconomics, and the manner in which historical trauma is linked to perceptions, beliefs and sexual behavior. Also, examined the possible conscious or unconscious influence of sexual stereotypes on the community and professionals.
- **City of Minneapolis' Youth Violence Prevention Blueprint for Action**, Minneapolis, MN 55401 **3/15**
Conference for Young Fathers and Young Men panel member, one-day symposium specifically designed for young fathers and young men who are not yet fathers. Share wisdom with young men how underlying issues affect the flow of one's life and ways to navigate those issues.
- **Family Service Rochester, Rochester, MN 55901** **3/15**
"Reclaiming the Narrative: Adverse Childhood Experiences and Historical Trauma" This training provided foundational information about the Adverse Childhood Experience (ACEs) Study and historical trauma. Also, addressed the impact of toxic stress on the brain and why culturally sensitive prevention is the most caring strategy for our society.

- **Higher Education Consortium for Urban Affairs in partnership with Seward Co-op -** 2/15
Agriculture and Justice: Building a Sustainable Food System, Saint Paul, MN 55114
“Reclaiming the Narrative: historical trauma and food justice” the training provided an opportunity for students to explore the link between African American historical trauma and barriers to food justice. Also, examined and discussed cultural competent and community based best practices that leads to a healthier food system.
- **Minnesota Correctional Facility - Faribault**, Faribault, MN 55021 2/15
“Reclaiming The Narrative: Intergenerational Trauma” Addressed the inmates and staff on the links between historical/generational trauma as it relates to perceptions, beliefs, and behaviors that may act as challenges to treatment outcomes. Also how to build resiliency and hope for the future.
- **Minnesota Fathers & Families Network: 2015 Fatherhood Summit**, St. Cloud, MN 2/15
56301
“African American Historical Trauma: beyond the baby daddy” This presentation provided an opportunity for professionals to explore the link between historical and current trauma experiences and beliefs and behaviors that act as barriers to healthy African American father involvement. Also, examined and discussed cultural competent trauma informed and community based best practices focused on father involvement that leads to a healthier future for our children.
- **MN Community Corrections Association**, Saint Paul, MN 55108 1/15
“Reclaiming the Narrative: Adverse Childhood Experiences and Historical Trauma” The training is to be an informative and interactive workshop to explore the link between historical and current trauma related to the African American community’s experiences, perceptions, beliefs, and behaviors that may act as challenges to effective sustainable change. The training also discussed and examined practical, culturally sensitive, outcome driven and best and/or promising practices.
- **Greater Minnesota Family Service**, Willmar MN 56201 1/15
“Trauma Informed Approach: addressing African American Historical Trauma” This presentation explored the link between historical and current trauma related to the African American communities experiences, perceptions, beliefs and behaviors that may act as challenges to African Americans in recovery. Discuss practical, culturally sensitive, trauma informed, outcome driven and community based best practices focused on the African American community.
- **St Albans Church of God In Christ**, Saint Paul, MN 55104 1/15
“ African Americans Historical Trauma and Adverse Childhood Experiences” Exploring the links between Adverse Childhood Experiences and historical/generational trauma as it relates to African Americans experiences, perceptions, beliefs, and behaviors that may act as challenges to treatment outcomes.
- **Minnesota DOC**, Saint Paul, MN 55108 1/15
“Fathers in the System” The panel examined the challenges and approaches of working with fathers in the correction system.
- **Hue-Man - lunch & learn Mental Health Awareness**, Lutheran Social Services, 12/14
Minneapolis, MN 54407
“Adverse Childhood Experiences: men of color” A workshop that provided an opportunity for professionals to explore the link between the Adverse Childhood Experiences to emotional and mental health issues among men of color.
- **Greater Minneapolis Crisis Nursery**, Minneapolis, MN 55407 12/14
“African American Historical Trauma” This workshop provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American parents. Discuss culturally sensitive, trauma informed community based best practices focused on the African American community.
- **Minnesota Communities Caring for Children/Prevent Child Abuse Minnesota, African** 12/14
American Babies Coalition: Information Meeting for the Training of Trainers, St. Paul,
MN 55104
“African American Historical Trauma” This workshop provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American parents and community. Discuss practical, culturally sensitive, trauma informed, outcome driven and community based best practices.

- **Minnesota Communities Caring for Children/Prevent Child Abuse Minnesota, Ace trainings for Trainers, St. Paul, MN 55104** **11/14**
“African American Historical Trauma” The training explored the links between Adverse Childhood Experiences and historical/generational trauma as it relates to African Americans experiences and outcomes.
- **Project for Pride in Living, Minneapolis, MN 55404** **10/14**
“Chemical Health training for SSP/MFIP staff” Was a panel member to discuss how staff can support clients they know is in recovery who might be facing struggles that could cause a relapse and direct them help.
- **MARRCH Annual Conference, St. Paul, MN 55114** **10/14**
“Trauma Informed Approach: addressing African American Historical Trauma” This presentation explored the link between historical and current trauma related to the African American communities experiences, perceptions, beliefs and behaviors that may act as challenges to African Americans in recovery. Discuss practical, culturally sensitive, trauma informed, outcome driven and community based best practices focused on the African American community.
- **YWCA Works, St. Paul, MN 55104** **10/14**
“African American’s Historical Trauma: domestic violence” Workshop addressed African American historical trauma and its relationship to domestic violence in the community.
- **Minnesota Communities Caring for Children/Prevent Child Abuse Minnesota, Ace trainings for Trainers, St. Paul, MN 55104** **9/14**
“African American Historical Trauma” The training explored the links between Adverse Childhood Experiences and historical/generational trauma as it relates to African Americans experiences and outcomes.
- **Clare Housing Minneapolis, MN 55413** **9/14**
“Historical Trauma: Sexuality in the African American Community” This presentation explored sexuality in the context of race, gender and socioeconomics, as well as the manner in which historical trauma is linked to perceptions, beliefs and sexual behavior. Also, examined the possible conscious or unconscious influence of sexual stereotypes on the community and professionals. Participants learned about and discuss practical culturally sensitive trauma informed best and/or promising practices.
- **University of Minnesota, St. Paul, MN 55108** **8/14**
“Historical Trauma and Adverse Childhood Experiences: Working with Black Children”
 Exploring the links between Adverse Childhood Experiences and historical/generational trauma as it relates to African Americans experiences, perceptions, beliefs, and behaviors that may act as challenges to treatment outcomes.
- **Minnesota Valley Action Council, Mankato, MN 56001** **8/14**
“The Father Factor: prevention and healing” This workshop provided an opportunity for participants to explore the link between Adverse Childhood Experience (ACEs) and historical trauma experiences that may act as challenges to fathers. Also discussed how to build resiliency in children through positive father involvement.
- **Hennepin County MFIP and City of Minneapolis Employment, Minneapolis MN 55401** **7/14**
“Reclaiming the Narrative: African American Historical Trauma” This informative and interactive workshop explored the link between historical and current trauma related to the African American communities’ experiences, perceptions, beliefs and behaviors that may act as challenges to effective sustainable change. Also, discussed and examined practical, culturally sensitive, outcome driven and best and/or promising practices.
- **Tree Trust, St. Louis Park MN 55426** **6/14**
“Reclaiming the Narrative: African American Historical Trauma” This presentation provided an opportunity for participants to explore the link between historical trauma experiences to perceptions and beliefs and behaviors that have acted as challenges to the African American community. Also, discussed and examined practical culturally sensitive trauma informed best and/or promising practices.

- **Minnesota AIDS Project, Minneapolis, MN 55404** **6/14**
“Historical Trauma: Sexuality in the African American Community” This presentation explored sexuality in the context of race, gender and socioeconomics, as well as the manner in which historical trauma is linked to perceptions, beliefs and sexual behavior. Also, examined the possible conscious or unconscious influence of sexual stereotypes on the community and professionals. Participants learned about and discuss practical culturally sensitive trauma informed best and/or promising practices.
- **MACC Alliance, Minneapolis, MN 55407** **5/14**
“Adverse Childhood Experiences: the future of our children” This session provided foundational information about the Adverse Childhood Experience (ACEs) Study and the impact of toxic stress on the brain. Also, discussed how to build resiliency in children through positive parent involvement.
- **City of Minneapolis Health Department / Healthy Start, Minneapolis, MN 55415** **5/14**
On the “ACE & Healthy Start Collective Action” panel discussed the opportunity to use collective impact to strategize and design concrete actionable strategies that mitigate trauma and create successful early learning. After a presentation by Dr. Maxine Hayes a national expert on maternal child health issues and adverse childhood experiences (ACEs).
- **Teenwise Minnesota 2014 Conference, Brooklyn Center, MN 55434** **5/14**
Keynote: “Collaborating to raising sexually healthy children” This session provided information about effective collaboration. Also, discussed how individuals, groups and organizations from a wide range of communities, cultures and cultural beliefs overcome barriers when collaborating to raise sexually healthy children.
Workshop: Historical Trauma: “Sexuality in the African American Community” This presentation explored sexuality in the context of race, gender and socioeconomics, and the manner in which historical trauma is linked to perceptions, beliefs and sexual behavior. Also, examined the possible conscious or unconscious influence of sexual stereotypes on the community and professionals.
- **Better Futures, Minneapolis, MN 55411** **4/14**
 Workshop addressed African American historical trauma and link to perceptions, beliefs and behaviors that may act as challenges to success. Also discussed ways to identify replacement behavior and attitudes that can lead to success
- **Youth Violence: Minneapolis Health Dept. Public Health Week, Minneapolis, MN 55411** **4/14**
 This presentation provided an opportunity for participants to explore the link between Adverse Childhood Experience (ACEs) and historical trauma experiences to youth violence. Also discussed ways to help the families overcoming barriers and build healthy stronger families and communities.
- **The Midwest Interstate Learning Collaborative on Adverse Childhood Experiences, Milwaukee, WI 53218** **3/14**
“Historical Trauma & Intergenerational Transmission of ACEs” This discussion provided an opportunity for participants to explore the link between Adverse Childhood Experience (ACEs) and historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American students and community. Also discussed ways to identify replacement behavior and attitudes that can lead to success.
- **The Family Partnership, Family Matters Experience , Minneapolis, MN 55406** **3/14**
“Adverse Childhood Experiences: now we know, what’s next?” discussed how providers and practitioners can use the Adverse Childhood Experience (ACEs) Study to help the families they work with overcoming barriers and build resilient, healthy stronger families and communities.
- **MSSA 121st Annual Training Conference & Expo, Minneapolis, MN 55403** **3/14**
“Reclaiming the Narrative: African American Historical Trauma” This presentation provided an opportunity for participants to explore the link between historical trauma experiences to perceptions and beliefs and behaviors that have acted as challenges to the African American community. Also, discussed and examined practical culturally sensitive trauma informed best and/or promising practices.

- **Higher Education Consortium for Urban Affairs in partnership with Seward Co-op - Agriculture and Justice: Building a Sustainable Food System**, Saint Paul, MN 55114 **3/14**
“Reclaiming the Narrative: historical trauma and food justice” the training provided an opportunity for students to explore the link between African American historical trauma and barriers to food justice. Also, examined and discussed cultural competent and community based best practices that leads to a healthier food system.
- **Minnesota Communities Caring for Children/Prevent Child Abuse Minnesota, Ace trainings for Healing Vessels - Youth Aces Day**, St. Paul, MN 55104 **3/14**
“African American Historical Trauma” This workshop provided an opportunity for participants to explore the link between Adverse Childhood Experience (ACEs) and historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American students and community. Also discussed ways to identify replacement behavior and attitudes for success.
- **Metropolitan State University, in the School of Law Enforcement and Criminal Justice, BROOKLYN Park, MN. 55445** **3/14**
“Reclaiming the Narrative: African American Historical Trauma” that provided an opportunity for participants to explore the link between historical trauma experiences to perceptions and beliefs and behaviors that may act as challenges to the African American community. Also, discussed practical culturally sensitive trauma informed best and/or promising law enforcement practices and the importance of personal awareness of perceptions and beliefs when working with the African Americans.
- **House of Charity, Minneapolis, MN 55403** **2/14**
 Workshop addressed African American historical trauma and link to perceptions, beliefs and behaviors that may act as challenges to success. Also discussed ways to identify replacement behavior and attitudes that can lead to success.
- **Partners for Youth Conference, Minneapolis Convention Center, Minneapolis, MN 55403** **2/14**
“Historical Trauma in African American and American Indian Communities” This presentation provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that may act as challenges to the Native American and African American young people and community. Also, discussed practical culturally sensitive trauma informed best and/or promising law enforcement practices and the importance of personal awareness of perceptions and beliefs when working with these communities.
- **Minnesota Fathers & Families Network: 2014 Fatherhood Summit, St. Cloud, MN 56301** **1/14**
“The Father Factor with Adverse Childhood Experiences and Trauma” This workshop provided an opportunity for participants to explore the link between Adverse Childhood Experience (ACEs) and historical trauma experiences that may act as challenges to fathers. Also discussed how to build resiliency in children through positive father involvement.
- **SNAP (Southside Networking Area Partnerships), Minneapolis, MN 55404** **12/13**
“Reclaiming the Narrative: African American Historical Trauma” This presentation provided an opportunity for participants to explore the link between historical trauma experiences that may act as challenges to the African American students and community. Also discussed practical culturally sensitive trauma informed best and/or promising practices.
- **GAL Training Institute (Minnesota Guardian ad Litem Board), St. Paul, MN 55155** **12/13**
 Provided keynote address **“Adverse Childhood Experiences: now we know, what’s next?”** discussed how providers and practitioners can use the Adverse Childhood Experience (ACEs) Study to help the families they work with overcoming barriers and build resilient, healthy stronger families and communities and workshop.
“Reclaiming the Narrative: African American Historical Trauma” that provided an opportunity for participants to explore the link between historical trauma experiences to perceptions and beliefs and behaviors that have acted as challenges to the African American community. Also discussed practical culturally sensitive trauma informed best and/or promising practices.

- **Southside Youth Workers Engagement Group (Minneapolis Youth Coordinating Board), Minneapolis, MN 55401** **11/13**
“Reclaiming the Narrative: African American Historical Trauma” This presentation provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American students and community. Also discussed practical culturally sensitive trauma informed best and/or promising practices.
- **East Side Neighborhood Services, Inc. Minneapolis, MN 55413** **11/13**
Implementing Trauma-Informed, Prevention-Oriented Public Health Programs in the Public Schools and Out-of-School Time: participated as a speaker to identify, address, and reduce the effects of toxic stress and maltreatment on public school students.
- **YWCA Works, St. Paul, MN 55104** **10/13**
“African American’s Historical Trauma: domestic violence” Workshop addressed African American historical trauma and its relationship to domestic violence in the community.
- **2013 St. Louis County Health & Human Service Conference, Duluth MN 55802** **10/13**
“The Father Factor with Adverse Childhood Experiences and Trauma” This session provided foundational information about the Adverse Childhood Experience (ACEs) Study as a launch pad for information and discussion about how to build resiliency in children through positive father involvement. Also, incorporated information about strengthening families, identifying and overcoming barriers to father involvement, introduce strategies to build stronger families and communities, share best-practices, tips and resources.
- **Minnesota Family Support and Recovery Council Conference, St. Cloud, MN 56301** **10/13**
“Working With Father Who Have Barriers to Meeting Support Obligations” This workshop focused on fathers who are in circumstances that may limit their ability to meet support obligations. Also, the presentation examined the need to create an environment of “compassionate accountability” when working with fathers to meet their obligations.
- **Community Forum, University of Minnesota Urban Research and Outreach-Engagement Center, Minneapolis, MN 55411** **10/13**
Shifting the Paradigm: A Focus on Trauma and Healing “Saving Black Children” The goal of the forum was to provide an opportunity for meaningful community engagement to introduce community based practical trauma informed and outcome driven methods and services.
- **Juniata College, Huntingdon, PA 16652** **9/13**
“Reclaiming the Narrative: African American Historical Trauma” This presentation provided an opportunity for participants to explore the link between historical trauma experiences to perceptions, beliefs and behaviors that have acted as challenges to the African American community. Also discussed practical culturally sensitive trauma informed best and/or promising practices and the importance of personal awareness of perceptions and beliefs when working with the African Americans.
- **2013 MNCASA Annual Training Symposium, Chaska, MN 55318** **9/13**
“Trauma and Adolescent Sexuality and Sexual Violence” This presentation explored sexual violence and trauma in the context of race, gender and socioeconomics, and the manner in which trauma experiences are linked to perceptions, beliefs and adolescent sexual behavior.
- **Defending Childhood Project Director’s Peer to Peer Exchange Meeting, The Office of Juvenile Justice and Delinquency Prevention, In partnership with: Futures Without Violence & Native Streams Institute, Washington, DC 20001** **8/13**
“Historical Trauma and Institutional Violence” A presentation on the link between intergenerational/historical trauma and community violence. Also, discussed the need for a cultural competent trauma informed, outcome driven and community based best practices to address community violence.
- **Hue-Man - lunch & learn Mental Health Awareness, Lutheran Social Services, Minneapolis, MN 54407** **5/13**
“Trauma Informed Approaches: engaging African American men” A workshop that provided an opportunity for professionals to explore the link between the historical and intergenerational traumatic experiences to emotional and mental health issues among African American men.

- **Teenwise Minnesota conference Earle Brown Heritage Center, Brooklyn Center, MN 55434** **5/13**
“Trauma and Adolescent Sexuality” This presentation explored trauma in the context of race, gender and socioeconomics, and the manner in which trauma experiences are linked to perceptions, beliefs and adolescent sexual behavior. Also, discussed the ACE study and trauma informed best and/or promising practices that can be considered to address historical trauma and sexual behavior disparities.
- **The Family Partnership, Minneapolis, MN 55406** **4/13**
“Understanding the Effects of Adverse Childhood Experiences (ACEs): What Everyone Needs to Know” This presentation provided an overview of the ACE research findings and implications and the impact of ACEs on lifelong health. Also, discussed ways to prevent the transmission of ACEs to the next generation.
- **RSEDEN, Minneapolis, MN 55411** **4/13**
“Trauma Informed Approach: African American Historical Trauma” A workshop that provided an opportunity for professionals to explore the link between the historical and intergenerational trauma experiences to perceptions, beliefs and behaviors that have act as challenges to African American clients in their journey to a sober lifestyle. Also, examined the need for a cultural competent urban sensitive trauma informed practices to improve outcomes and the importance of being aware personal perceptions and beliefs so not to add to the client’s trauma.
- **Gun Violence/Gun Control "Deliberative Dialogue," Metropolitan State University, St. Paul, MN 55106-5003** **3/13**
 The forum was framed as a “deliberative dialogue,” was a panel of experts and community activists to discuss and answer any questions about the controversial policy issue of gun violence/gun control prevalent in today’s society with the Sandy Hook Elementary School shooting.
- **35th Pan African Conference: Minnesota State University, Mankato, Mankato, MN 56001** **3/13**
 This workshop addressed intergenerational/historical trauma and current trauma experiences that can act as barriers to African American men and the community. Also, discussed the need for a cultural competent trauma informed, outcome driven and community based best practices.
- **YWCA Works, St. Paul, MN 55104** **2/13**
“Reclaiming the Narrative: African American’s Historical Trauma” Black history month workshop addressed historical trauma of the community African American men.
- **SAAB Brother2Brother: Minneapolis Community and Technical College, Minneapolis, MN 55403** **2/13**
“Real Talk: Healing, Renewal And Love” addressed intergenerational/historical trauma and current trauma experiences that can act as barriers to African American men and the community.
- **Minnesota Fathers & Families Network: 2013 Fatherhood Summit, Minneapolis, MN 55413** **1/13**
“Seeing Beyond the Baby Daddy” The workshop examined the challenges of working with urban fathers. Also, examined strategies, resources and approaches to support urban fathers Involvement.
- **Moving Forward on Food Justice: Chicago Regional Gathering on Draft Food Justice Principles, Chicago, IL 60616** **1/13**
“Reclaiming the Narrative: historical trauma and food justice” co-Facilitated a day long workshop to dig deep into the draft principles of fair, just and healthy food system, generate strategy for how to bring these principles to kitchen tables across the nation, and co-organize work to be done in concert with the 2013 review and refinement process.
- **Exploring Community-Based Prevention & Healing Strategies: A Dialogue for African American and American Indian Communities, Brooklyn Center, MN 55423** **11/12**
“Reclaiming the Narrative: African American’s Historical Trauma” This workshop addressed intergenerational/historical trauma and current trauma experiences that can act as barriers to African American men and the community. Also, discussed the need for a cultural competent trauma informed, outcome driven and community based best practices.

- **MARRCH Annual Conference, St. Paul, MN 55114** **10/12**
“Trauma Informed Approach: engaging African American men” This workshop explored the link between the intergenerational and current trauma experiences to challenges to African American men in their recovery. Also, discussed practical trauma informed, outcome driven and community based best practices focused on African American Men.
- **IATP Food + Justice = Democracy National Conference, Minneapolis, MN 55404** **9/12**
“Reclaiming the Narrative: historical trauma and food justice” the key note addressing the importance of historical trauma and food stories of communities of color and tribal nations play in the food justice movement to push our government and our political leaders to prioritize a fair, just and healthy food system.
- **The Women of Color Network (WOCN) 2012 National Call to Action Institute and Conference, St Paul, MN 55101** **7/12**
 Men’s Institute trainer and workshop presenter to build and enhance the capacity of aspiring male aspiring allies to insist upon racial, gender and class equity within anti-violence programs in order to reach and serve communities of color and support the leadership of women of color advocates.
- **2012 Community Empowerment Through Black Men Healing Conference, St. Paul MN 55106** **6/12**
“Trauma Informed Approach: engaging African American men” The institute explored the link between the intergenerational and current trauma experiences to challenges to African American men in their recovery. Also, discussed practical trauma informed, outcome driven and community based best practices focused on African American Men.
- **Hazelden - Graduate School of Addiction Studies, Center City, MN 55012** **1/12**
“Trauma Informed Approach: engaging African American men” This presentation explored the link between the intergenerational and current trauma experiences to challenges to African American men in their recovery. Also, discussed practical trauma informed, outcome driven and community based best practices focused on African American Men.
- **Minnesota Fathers & Families Network: Minneapolis, MN 55413** **1/12**

 - ***“Seeing Beyond the Baby Daddy: The Unique Needs of Urban Fathers”*** The workshop examined the challenges and approaches of working with urban fathers.
 - To increase participant’s awareness of the origins of the Baby Daddy title and the sabotaging effects on healthy parenting.
- **Washington County Community Corrections, Stillwater, MN 55082** **1/12**
“Trauma Informed Approaches: Engaging African American Men” The workshop addressed the need for a trauma informed and community based best practices focused on African American Men. Giving the men the opportunity to safely explore the link between their trauma experience to present beliefs and behaviors that have acted as barriers to them become a healthy part of the community.
- **Dakota County Community Corrections, West St. Paul, MN 55118** **11/11**
“Trauma Informed Approaches: Engaging African American Men” The workshop addressed the need for a trauma informed and community based best practices focused on African American Men. Giving men the opportunity to safely explore the link between their trauma experience to present beliefs and behaviors that have acted as barriers to them become a healthy part of the community.
- **Institute for Agriculture and Trade Policy, Minneapolis, MN 55404** **10/11**
“Food Justice: What trauma got to do with it?” The workshop addressed the difficulty of engaging African American urban community around food justice and what part personal and historical trauma may play.
- **Minnesota Community Corrections Association, Minneapolis, Minnesota 55411** **5/11**
“Trauma Informed Approaches: Engaging African American Men” The workshop addressed the need for a trauma informed and community based best practices focused on African American Men. By allowing the men the opportunity to safely explore the link between their trauma experience to present beliefs and behaviors that have acted as barriers to them become a healthy part of the community.

- **Metropolitan State University, St. Paul, MN 55106-5003** **1/11**
“Empowering community leadership in violence prevention” The workshop addressed community leadership in violence prevention in the African American community.
- **Minnesota Fathers & Families Network: Minneapolis, MN 55413** **1/11**
“The Nitty-Gritty of Father Involvement: Reaching Incarcerated, Deployed, Long-Distance and Reluctant Fathers”. This co-Facilitated workshop focused on the "nitty-gritty" of involving fathers who are in circumstances that may limit the hands-on parenting role. This may be due to distance or may be fathers who are consciously or unconsciously trapped in traditional masculine approaches to seeking help. Learn specific strategies, resources and approaches that work with these fathers.
- **NAMI Minnesota Conference – Tree of Hope, St. Paul, MN 55101** **11/10**
“African American Men & Mental Health”, The workshop discussed about current projects and strategies in the development of culturally competent and community based best practices focused on African American men mental health that may be used to generate pathways to healing and community empowerment that will foster real hope for the future.
- **Recovery Resource Center, Minneapolis, MN 55413** **11/10**
“The Power of the Family” The workshop addressed family trauma, recovery and stopping the generational cycle of pain and abuse.
- **Wellstone Action Offices-Camp Sheila for men: Taking a Stand: Men, St. Paul, MN 55104** **9/10**
 Project to organizing men to take the lead in the community to end violence against women.
- **Amherst H Wilder Foundation - Project Quest, St. Paul, MN 55104** **8/10**
“Work Success Through Self-Awareness” The workshop addressed the challenges of taking an honest look at beliefs and behaviors that act as self-imposed barriers to success.
- **Minnesota Men’s Action Network - Men Can Make A Difference conference, Duluth, MN 55802** **10/09**
“Fostering Healing & Peace: Engaging African-American Men”. This co-Facilitated workshop discussed: The logic of focusing on male healing from past and present trauma as a way to engage African American men in refraining from violence against women, children or themselves.
- **2009 FutureNet Conference: Gender Matters in Adolescent Sexual Health, Drake University in Des Moines, IA 50311** **10/09**
“Redefining Fatherhood in the New Millennium: The Unique Needs of Young Fathers”. This co-Facilitated workshop addressed on increasing the awareness of both clinicians and the community the unique needs and challenges of working with young fathers. Also, strategies to support young fathers that add value to the social and economic resources that currently exist.
- **Minnesota Department of Health, St. Paul, MN 55164** **7/09**
“Men's Roles in Reducing or Eliminating Violence”. The objectives of this co-Facilitated presentation was:

 - To inform participants of the scope of the issue of domestic violence in Minnesota.
 - To present current or planned programs to prevent this problem or reduce its incidence.
 - To present ways encourage and support man to join in prevention efforts.
- **University of Minnesota Institute on Domestic Violence in the African American Community, St. Paul, MN 55108** **6/09**
“Healing Generations: A Domestic Violence Curriculum”. Co-Facilitated webcast provided an overview of the curriculum's development, contents, and findings to date from its piloting and discuss how it may be an emerging best practice for men who are reentering the community from prison.
- **Minnesota Organization on Adolescent Pregnancy, Prevention & Parenting (MOAPPP) Conference, St. Paul, MN 55104** **5/09**
“Redefining Fatherhood in the New Millennium: The Unique Needs of Young Fathers”. The co-Facilitated workshop focused on increasing the awareness of both clinicians and the community the unique needs and challenges of working with young fathers. Also, strategies to support young fathers that add value to the social and economic resources that currently exist.

- **Bridging Perspectives: Intervening With Men Who Batter Conference 2009** **5/09**
sponsored by the Domestic Abuse Project, Greater Twin Cities United Way and Marriott Minneapolis City Center, Minneapolis, MN 55402

 - **“Fostering Domestic Peace Through Healing: Healing Generations Curriculum for African American Men”** The co-Facilitated workshop focused on the overview of the Healing Generations Curriculum pilot which was developed to Assisted men in identifying the root causes of their behavior or wounds from past experiences with violence, and explores the links between these experiences, while building skills to refrain from violence against women, children, other men or themselves and providing an opportunity to healing from those wounds.
 - **“Domestic Abuse Panel: A Motivational Perspective of Focusing on the Impact of Family Violence on Children”** This co-Facilitated workshop provided an overview of the Domestic Abuse Impact Panel as a tool to decrease the likelihood of men re-offending by focusing on the effects of domestic abuse on children after witnessing it. And providing insight on what the children will need from them to rebound from exposure to abuse.
 - **“Family Trauma and African American Males: Working with Chronic Offenders”** This co-Facilitated workshop focused on the overwhelming need for a culturally informed, non-judgmental approach focused on men addressing past traumatic experiences to decrease the likelihood of re-offending and become a healthy part of the community.
- **Prevent Child Abuse Minnesota Annual Conference, St. Paul, MN 55104** **4/09**

 - **“Healing by dealing with the Pain”** This presentation addressed the challenges of taking an honest look at family trauma and the relationship to child abuse.
- **Amherst H Wilder Foundation - ROOF Project Supportive Housing Program,** **2/09**
St. Paul, MN 55104

“Effect of Absentee Parents on Children” The workshop addressed the challenges working with Absentee Parents.
- **Amherst H Wilder Foundation - Project Quest, St. Paul, MN 55104** **9/08**

“The family Story” The workshop addressed the challenges of taking an honest look at family trauma and the relationship to present negative beliefs and behaviors.
- **Camphor United Methodist Church, St. Paul, MN 55103** **4/08**

“The Stress and Pressure of Adolescence” *Lecture* addressed the impact of stress on adolescence and ways to cope with stress.
- **Minnesota Department of Corrections: Support Services Division – Victim Assistance/Restorative Justice, St. Paul, Minnesota 55108** **4/04 – 4/08**

“Don’t Forget the Children” The co-Facilitated workshop was presented to prison support groups for National Crime Victims Rights Week. Address the impact of domestic violence on children at the following Correctional Facilities: Lino Lakes (sex offenders unit), Rush City and St. Cloud.
- **Goodwill/Easter Seals Minnesota, St. Paul, MN 55104** **1/08**

“Getting out our own way of Success”. The workshop addressing the complexities and challenges of overcoming old beliefs and behaviors that acts as self-imposed barriers to success.
- **The 5th Annual Surviving The Game Student Leadership Conference at Minneapolis Community & Technical College, Minneapolis, MN 55403** **12/07**

“THE RAGE STAGE: family cycle of violence and poverty”. The workshop addressed the challenges that the cycle of violence plays out in families of poverty and strategies to stop the cycle.
- **2nd Annual Milwaukee Fatherhood Summit, Milwaukee, WI 53224** **10/07**

“CO-PARENTING DIALOGUE: The issues and challenges faced by unmarried or parents living apart”. The workshop addressed the complexities and challenges that are faced by unmarried or parents living apart to keep a healthy focus on the needs of the children. Also, consulted with organizers to develop strategies for future collaborations in fatherhood initiatives.
- **The Healing Waters Empowerment Project and Positive Brothers United, Rock Island, IL 61201** **10/07**

“DIALOGUE OF PEACE” The co-prepared a two day of workshop to educate men and the wider community about the effects of domestic violence and on ways to engage men to take actions to prevent domestic violence.

- Twin Cities Healthy Start, Minneapolis, MN 55415 9/07
"Healthy vs. Unhealthy Relationship". The lecture addressed the complexities of relationships and parenting in unmarried relationships.
- Hazelden - Center For Youth And Families, Plymouth, MN 55441-2398 12/06 - 7/07
and Graduate School of Addiction Studies, Center City, MN 55012

 - Facilitated workshop entitled **"Working with African American Adolescents: the complexities of working with other cultures" (7/07 - Plymouth)** Participants explore the complexities of working with African American Adolescents. And learn techniques and strategies for working with African American adolescents and young adults to improve treatment responses.
 - Facilitated workshop entitled **"Anger Management: you, me and them - the complexities of working with aggressive or angry client" (12/06 – Center City & 5/07 - Plymouth)** Participants explore the complexities of working with aggressive or angry clients and learn techniques required to establish safe therapeutic outcomes.
- Metropolitan State University, St. Paul, MN 55106-5003 11/05

 - Prepared and presented lectures on the subjects of **"Racism"** to a psychology class.
 - Addressing the psychological effects of racism on both blacks and whites.
- River of life Christian Church, St. Paul, MN 55105 11/05
"Underlying Causes of Addiction" to the congregation's 12-step support group. The motivational lecture addressed the many faces of addiction, not just drugs and alcohol but co-dependency, food, drug life, etc. Also, addressed the need to deal with underlying issues such as childhood abuse and family functioning history.
- Lino Lakes Correctional Facility (sex offender), Lino Lakes, MN 55014 3/05
 Prepared and presented motivational lectures entitled **"Self Responsibility And Recovery"** to prison support group. Address underlying roadblocks such as attitude, anger depression, childhood abuse etc., to any type of recovery and ones responsibility for that recovery.
- Minnehaha United Methodist Church, Minneapolis, MN 55417 2/05
 Prepared and presented motivational lecture entitled **"Relieving the Pain of White Privilege"** at a congregation retreat on diversity. Addressing the faces of white privilege and the psychological effects of racism on the humanity of both blacks and whites.
- Metro Hope Ministries, Minneapolis, MN 55407 1/05

 - Prepared and presented motivational lecture entitled **"Relieving the Pain of Addiction"** at a faith base conference on chemical health and recovery.

Addressed the need to deal with underlying issues such as childhood abuse, pain and family functioning history pain and its relationship to chemical abuse.
- Minnesota Fathers & Families Network: Minneapolis, MN 55413 1/05
 Participated as a panelist for a workshop entitled **"Co-Parenting Dialogue: The Issues And Challenges Faced By Unmarried Or Divorcing Parents"** at the Minnesota Fatherhood & Family Services Summit in St. Cloud MN.
- Metropolitan State University, St. Paul, MN 55106-5003 10/04

 - Prepared and presented lectures on the subjects of **"Domestic Violence"** to a psychology class.
 - Addressed the underlying issues of domestic violence such as past childhood, family functioning history pain and chemical abuse.
- MARRCH Chemical Health Conference, St. Paul MN 55114 10/04

 - Prepared and presented motivational lecture entitled **"Balancing Chronic Pain and Addiction"** at a conference for individuals working in the chemical dependency profession.
 - Addressed the complex issues one is confronted with when trying to assess an individual's addiction to medication when they suffer with chronic pain.
 - Addressing the behavioral responses to pain and poor adjustment skill that may lead to addiction or the appearance of addiction.
- MIT Alterative School, St. Paul MN 55104 08/04

 - Provided staff development and training to address the staff's responses to student behavioral issues and staff underlying communication issues about those responses.

- Northpoint Health & Wellness Center, Minneapolis, MN 55411 6/04
 A two-day conference addressing depression in communities of color. Prepared and presented motivational lectures entitled:

 - **"Grief and Loss in the African American Community: acknowledging our traumatic losses"** addressed the need to deal with underlying trauma such as childhood abuse, discrimination and family functioning history and its relationship to depression.
 - **"Depression: dealing with the pain"** addressed the need to deal with underlying trauma and pain that contribute to depression.

- U of M Pharmacy School, Minneapolis, MN 55455 03/04
 Prepared and presented lecture entitled **"Balancing Chronic Pain and Medication Use."** The lecture addressed the complex issues one is confronted with when trying to assess an individual's addiction to medication when they suffer with chronic pain, like behavioral responses to pain and poor adjustment skill that may lead to addiction or the appearance of addiction.

- Working Family Resource Center, Saint Paul, MN 55101 11/02 & 8/03
 Prepared and presented motivational lectures entitled **"Dealing with Anger"** and **"Understanding Self-Defeating Behavior"** to county jail inmates.

- Lupus Foundation of Minnesota, Minneapolis, MN 55405 7/00
 Prepared and presented motivational lecture on **"Living with Chronic Pain"** at addressed the complex issues one is confronted with living with chronic pain due to Lupus.

- Fibromyalgia Management Association, Apple Valley, MN 55124 4/00
 Prepared and presented motivational lecture on the subject of **"Living with Chronic Pain"** at a support group to address the complex issues one is confronted with living with Fibromyalgia.

- Belltraine County Human Services Department, Bemidji, MN 56601 5/97
 Prepared and presented motivational lecture on **"Living with Chronic Pain"**.

- Belltraine County Department of Transportation, Bemidji, MN 56601 4/96
 Prepared and presented motivational lecture on **"Living with Chronic Pain"**.

- American Continuing Education, Inc., St. Paul, MN 55117 9/95
 Facilitated daylong workshops on the subject of **"Dual Diagnosis, Interpersonal Violence and Substance Use"**.

- Minnesota Addiction Counselors Association, Maple Plain, MN 55359 5/94
 Prepared and presented motivational lectures entitled **"The Impact of Chemical Dependency on Violence"**.

- Minnesota Addiction Counselors Association, Maple Plain, MN 55359 5/93
 Prepared and presented motivational lectures entitled **"Chemical Dependency and Self-Defeating Behavior"**.

- Cameron University, Lawton, OK 73505 8/93
 Facilitated motivational workshop on the subject of **"Self-Defeating Behavior"** to the student in the Upward Bound Program.

- Fairview Riverside Medical Center (Pain Program), Minneapolis, MN 55407 6/93
 Prepared and presented motivational seminars entitled **"Anger and Ways to Deal with it"**

- Fairview Riverside Medical Center (Pain Program), Minneapolis, MN 55407 7/92
 Prepared and presented motivational seminars entitled **"The elimination of Self-Defeating Behaviors"**.

- Minnesota School of Professional Psychology, Minneapolis, MN 55414 1/92
 Facilitated workshop on the subjects of **"Mental Health Issues and Chronic Pain"**.

- IPMA, St. Paul, MN 55164 2/92 & 11/92
 Prepared and presented motivational lectures entitled **"Self-Defeating Behavior and the Work Place"** and **"Dealing with Angry Customers"** to the members of the organization.

CONFERENCES

- **Community Empowerment Through Black Men Healing Conference**, **6/25/09 - Present**
Minneapolis, MN 55409 and St. Paul MN 55106
 The organizer of **Community Empowerment Black Men Healing Conference** has been called “*Groundbreaking and Visionary*”. From the 1st annual conference held in 2009, the conference provided an opportunity for meaningful community engagement and access to national and local educators, and community practitioners to discuss and introduce practical culturally sensitive trauma informed, outcome driven methods and services. The overall goal is to improve the health and wellness of African American men and their families, resulting in the larger community becoming healthier and safer.

 - **2015 Conference was at Metropolitan State University, St. Paul MN 55106 (6/25 & 26/15)**: In the seventh year theme was **HISTORICAL TRAUMA: “Addressing Gender Issues in the African American Community”**.
 - **2014 Conference was at Metropolitan State University, St. Paul MN 55106 (9/19 & 20/14)**: In the sixth year the theme of the conference was **Shifting the Paradigm: a focus on African American Trauma as a public health issue**.
 - **2013 Conference was at Metropolitan State University, St. Paul MN 55106 (6/21 & 22/13)**: In the fifth year theme was **Healing the Village**
 - **2012 Conference was at Metropolitan State University, St. Paul MN 55106 (6/21 & 22/12)**: In the fourth year theme was **Compassionate Accountability**.
 - **2011 Conference was at Metropolitan State University, St. Paul MN 55106 (6/23 & 24/11)**: In the third year theme was **Wellness and Accountability**.
 - **2010 Conference was at Sabathanie Community Center, Minneapolis, MN 55409 (6/24 & 25/10)**: In the second year theme was **a Call to Action**.
 - **2009 Conference was at Sabathanie Community Center, Minneapolis, MN 55409 (6/25/09)**: In year one theme was around the question: **“Why the focus on Black Male Healing?”**

THINK TANKS/ADVISORY COMMITTEES

- **University of Minnesota Office for Equity and Diversity: Men of Color Think Tank**, **4/23/15-24/15**
Minneapolis, MN 55455
 The University of Minnesota Office for Equity and Diversity brought together faculty and staff at the U of M and surrounding institutions, as well as thought leaders from community organizations to break down the myths surrounding men of color and education. They discussed ways to move forward to address these issues.
- **AFSC’s (American Friends Service Committee)**, **12/12-13/13**
“Masculinity, Healing & Peace-Building” A convening of AFSC colleagues, practitioners, researchers, community activists, and youth to advance steps toward greater collective impact in healing, peacebuilding, and ultimately toward changing the policies, institutions, and systems that continue to stand in the way of the healthy development of young males.
- **Institute on Domestic Violence in the African American Community (IDVAAC): The African American Domestic Peace Project**, **7/13 - Present**
St. Paul, MN 55108
 Project to raise community consciousness about the pervasive impact of violence in the African American community around the country.
- **Healthy Masculinity Action Project (HMAP)**, **10/17-19/12**
Washington, DC 20001
Healthy Masculinity Summit: A gathering of the best of the best – male and female leaders from business to education, from policy to sports, as well as organizations preventing violence against women and girls – to kick-start this national dialogue about healthy masculinity, empowering men and women to take action in their communities.
- **African American Men’s Citizen Conference Early Childhood Development and Education Planning Advisory Committees**, **8/12 - Present**
St. Paul, MN 55102
“African-American Men Gathering in Support of Young Children” African American men assisted the Science Museum of Minnesota to ensure that the *Wonder Years* Citizen Conferences add value to our statewide conversation, build on the community strengths and contribute to improving the lives of African American young children in Minnesota.

- **Minnesota Coalition for Battered Women: Policy Roundtable**, St. Paul, MN 55104 **2010 - Present**
 Addressing violence against women.
- **NAMI Minnesota Advisory Committee**, St. Paul, MN 55104 **2012 - Present**
 Consulting on mental health issues in the African American community.
- **Chemical Dependency Model of Care Planning Project Advisory Committee** **6/12 – 3/13**
 This committee addressed the 2012 Minnesota Legislature directive to the Minnesota Department of Human Services (DHS) to collaborate with counties, tribes, and other stakeholders to develop “a community-based integrated model of care to improve the effectiveness and efficiency of the service continuum for chemically dependent individuals”.
- **Blueprint for Action - Youth Violence Prevention Workgroup**, Minneapolis, MN 55401 **2/13-3/13**
 Addressing youth violence prevention and intervention.
- **Minnesota Comprehensive Offender Reentry Plan (MCORP) Advisory Group**, St. Paul, MN 55104 **2009 - 2012**
 Address prison entry issues and changes.
- **U.S. Department Of Justice Office On Violence Against Women In Partnership With The Women Of Color Network (WOCN) Allies Training**, Tucson, AZ **8/5-7/09**
 A training and think tank examine the violence against women movement and where issues of race, gender and class overlap. The ways that systemic oppression creates norms in society that ultimately impact services to victims and the importance of serving as an ally to marginalized communities. Also, Development of individual action plans to implement cultural competency and offer resources that will aid in their action plan implementation.
- **US Department of Justice, Office on Violence Against Women in partnership with The Center for Family Policy and Practice think tank on Woman-Centered Advocacy in Low-Income African American Communities**, Chicago, IL 60616 **12/9-10/09**
 Participated in discussions on current perspectives on advocacy with women who continue to be in contact with partners. Things advocates should know about services for men in low-income communities, and the barriers to/opportunities for responding to the needs of survivors as articulated in the report on recent listening sessions.

AWARDS

- **“Excellence in Fatherhood Award Winners MFFN: 2014 Member of the Year”** **2014**
 for his work on the Minnesota Fathers & Families Network board to advance fatherhood policy and practice throughout Minnesota.
- **“Governor’s Council on Faith and Community Service Initiatives Best Practices Award”** for work with MN Department of Veterans Outreach Services, prison reentry and in the African American community **2009**
- **“Kirby Puckett Legacy Award”** for work with Life Source that led to an increase in the African American community’s organ donation from 29% to 75% in 2006. **2007**

TRAINING

- **EDENS GROUP: Clinical Supervision**, Woodbury, MN 55125 **9/15**
 This training focused on requirements of clinical supervision while addressing clinical practice within the context of ethical considerations.
- **Minnesota Community Resilience Coaches Training**, Saint Paul MN 55104 **2/13**
ACE Interface Master Trainer Training. The two-day training increased knowledge and improve the skills of participants related to the biological, health, and social impacts of Adverse Childhood Experience as well as the promise of prevention and collective action to enhance accommodation and resilience. To later train others in the community.
- **InCommons initiative of the Bush Foundation**, Lake Park, MN, 56554 **12/12**
Art of Hosting Training. The three-day training increased knowledge and improve the skills to Facilitated workshops with individuals, organizations and communities that want to learn and work together to help each other turn challenges into opportunities.

- **Think for change curriculum, Minneapolis, MN 55406** **9/10**
 Thinking for a Change (T4C) is an integrated, cognitive behavior change program for offenders used around the country that includes cognitive restructuring, social skills development, and development of problem solving skills.
- **Within my reach curriculum, Minneapolis, MN 55406** **7/12**
Within My Reach (WMR) is a relationship skills and decision making program for helping individuals achieve their goals in relationships, family, and marriage. The curriculum is especially tailored for those who have struggled with economic disadvantage.

LICENSES AND CERTIFICATIONS

- **Minnesota, Department of Health, St Paul, MN 55164** **1998**
 Licensed as an Alcohol and Drug Counselor
- **Institute for Chemical Dependency Professionals of MN, St. Paul, MN 55118** **1997 - 1999**
 Certified as a Chemical Dependency Counselor Reciprocal

EDUCATION

- **Metropolitan State University, Minneapolis, MN 55403** **Incomplete**
 Working toward Bachelor of Arts Degree in Human Services

 - **Group Counseling:** group counseling methods, including client-centered, gestalt and transactional analysis at an intermediate level. **1987**
 - **Intervention with battered women and their families (at UofM school of social work under Jeff L. Edleson, Ph.D.):** course focuses upon social interventions aimed at ending violence against women. **1994**
- **Minneapolis Community College, Minneapolis, MN 55403** **1984**
 Received Associate of Arts Degree in Business Management.

VOLUNTEER SERVICE

- **Mentor and trainer with the African American Leadership Forum Twin Cities Josie R. Johnson Leadership Academy, Minneapolis MN 55406** **2015**
 JRJLA AALF-TC Provided emerging leaders, especially those who have had challenges making the necessary connections, with the guidance and tools needed to improve outcomes for African Americans in Minnesota. The training integrates specialized training and individual mentorship with direct hands-on involvement with organizations focused on eliminating disparities and racial justice.
- **Co-Chair of the City of Minneapolis' Youth Violence Prevention Executive Committee, Minneapolis MN 55415** **2015**
 Oversee the general implementation of the Youth Violence Prevention Blueprint for Action; provided advice and recommendations on high level strategic and policy issues including the objectives and priorities of the Blueprint for Action; Serve as a decision-making body on recommendations offered by Policy Committees and the Youth Violence Prevention Community Advisory Committee; Review the need for and recommend the establishment of specialized work groups; Develop strategic partnerships and leverage resources to achieve the goals of the Blueprint for Action; Promote and engage a cross section of community stakeholders in the implementation of the plan
- **MN Department of Corrections, Juvenile reentry task force, Saint Paul, MN 55108** **2014 - Present**
 A task force that developed a juvenile reentry model and a 5-year strategic plan for implementation of that model.
- **Ending Youth Violence Roundtable, Minneapolis MN 55411** **2012 - Present**
 Member of the roundtable to focused on reform initiatives and the effects on the community as well as, promoting community involvement in current and future policies, practices, and programs changes to ending youth violence.
- **Juvenile Detention Alternatives Initiative (JDAI), Minneapolis, MN 55404** **2010 - Present**
 Member of the steering committee (governing committee) to focused on the juvenile justice system reform initiatives and the effects on the community as well as, promoting community involvement in current and future policies, practices, and programs changes.

- **African American Leadership Forum, St. Paul, MN 55104** **2010 - Present**
 Develop and promote innovative solutions that help people and communities to become, and remain, physically, mentally, spiritually, economically secure. Currently member of the steering committee (governing committee) and co-chair of the health and wellness work committee
- **KMOJ 89.9 FM Center for Communications and Development, Minneapolis, MN 55408** **2007 - Present**
 Working with KMOJ-FM management staff as executive producer of all community public affairs talk shows. Assisted with show hosts in scheduling guest and developing topic ideas. Work to develop and maintain consistent show structure (time sheets, show music, PSAs, etc.).
- **FATHER Project Steering Committee, St. Paul, MN 55104** **2007 - Present**
 Addressing policies, programming, and trainings for professionals working with fathers as well as the development of a Planning and Visibility Presentations.
- **Minnesota Father & Families Network Board, St. Paul, MN 55104** **2006 - Present**

 - Member, former vice president and president of the board.
 - Blueprint planning committee — the development of document entitled "Father to the Forefront."
- **100 Men Take A Stand for Domestic Peace, Minneapolis, MN 55406** **2005 - 2010**
 Working with African American men and community in addressing the root cause of violence and preventing violent behavior in all their relationships, as well as, the community.
- **Ramsey County Domestic Abuse Impact Panel, St. Paul, MN 55106** **2002 - 2011**

 - Assisted as a coordinator, co-designer and speaker in the development of a panel discussion for perpetrators and the community to increase their awareness of the impact of domestic violence on children. Co-producing DVDs as part of the awareness program.
- **Domestic Abuse Programs for Batterers Guideline steering committee funded by the Greater Twin Cities United Way, Minneapolis, MN 55404** **2010 - 2011**
 Assisted in the identification and development of best practices for Domestic Abuse Programs for Batterers.
- **MEN'S RALLY at the State Capital- Minnesota Men's Action Network, St. Paul, MN 55104** **3/2011**
 Speaker at the Alliance to Prevent Sexual and Domestic Violence at the state capitol. In Support of the 2011 Action Day to End Violence Against Women.
- **African American Leadership Forum - Health and Wellness work groups: Unnatural Causes: Place Matters Panel, St. Paul, MN 55104** **12/2010**
 A panelist as part of a discussion of unnatural causes that effect health especially in poorer communities and possible innovative solutions to address these issues.
- **Minnesota Child Abuse Prevention Healing Field rally at the Minnesota State Capitol, St. Paul, MN 55104** **5/2010**
 Speaker at the rally recognizing the victim of child abuse in Minnesota.
- **The Second Chance Coalition is hosting a Governor's Forum, St. Paul, MN 55104** **1/2010**
 Assisted as a facilitator at the 2010 Governor Candidate forum
- **Minnesota Fathers' Adoption Registry, St. Paul, MN 55164** **2008 - 2009**
 Member of the Flow Chart Development Project Group with a focus on connecting vital events & service delivery for putative fathers in child support, adoption, permanency & paternity.
- **African American Men Advisory Commission, Minneapolis, MN 55411** **2002 - 2004**
 Appointed to the commission to address issues confronting African American men in MN.
- **Pilot City Neighborhood Services, Minneapolis, MN 55411** **2003 - 2004**
 Community board member addressing community and organizational issues.
- **Initiative for Violence-Free Families, Minneapolis, MN 55404** **1996 - 2000**
 Address issues of violence in the community
- **St. David's School for Child Development, Minnetonka, MN 55435** **1994 - 1997**
 Assisted in issues of diversity.
- **United Way of Minneapolis, Minneapolis, MN 55403** **1994 - 1995**
 Evaluating acceptability of agencies Undoing Racism action plans.
- **Minneapolis Public School System, Minneapolis, MN 55413** **1989 - 1995**
 Assisted special education teachers in developing programs to build self-esteem in students

TELEVISION AND RADIO SHOW/APPEARANCES

SHOW

- **KMOJ 89.9 FM Center for Communications and Development, Minneapolis, MN 55411** **4/04 - Present**

Produce and/or co-host the following a solution base public affair (talk radio) shows:

 - " **Voices of the African American Community**" addressing issues that are important to the urban community, with a focus on communities of color. **(9/08 – Present)**
 - "**Community Health Dialogues**" (partnership with Q Health Connections community outreach) addressing community health issues that affect communities of color. **(5/07 – 2010)**
 - "**Urban Agenda**" addressing policy and political issues that is important to the urban community, with a focus on communities of color. **(7/07 - 9/08)**
 - "**Minnesota Street Soldiers Live**" (partnership with African American Men Project) addressing issues important to men and communities of color, education, health, etc. **(4/04 – 7/07)**
- **"It's Time" Cable Show - MTN Public Access Community Television and Northwest Community Television Public Access Community Television** **4/00 – 4/03 & 3/07**

Was executive producer and host of a lecture show addressing issues such as:

 - Holist View Of Pain
 - Anger
 - Co-Dependency
 - Denial
 - Insanity (Self-Defeating Behavior)
 - Domestic Violence
 - Addiction
 - Chronic Pain
 - Interview with Dr. Bob Hardy author of "*Self-Defeating Behaviors: Free Yourself from the Habits, Compulsions, Feelings, and Attitudes That Hold You Back*"

Appearances

- **Power 620 Radio Kenny Dees show in New York** **2014**

Addressing community issues, discussed African American trauma
- **Institute on Domestic Violence in the African American Community blog talk Radio** **2014**

Discuss the question: "Are batterers provoked or not?" Took a closer look at the role of men and boys in addressing violence against women, and some of the reasons those individuals who use violence in their relationships may do so.
- **"Historical Trauma: domestic violence in the African American Community"** **2013**

Explored the links between historical/generational trauma as it relates to domestic violence African Americans Community.
- **The Justicelab blog talk radio** **2014**

Addressing African American community issues like racism and trauma
- **My Cultural Conversations a Blog Talk RADIO** **2012 & 2013**

Addressing cultural intelligence and community issues.
- **Art Cunningham Show- MTN Public Access Community Television** **2012, 2013 & 2014**

Addressing community issues.
- **"Black Man Emerging" (African American Men Project weekly show), MCN Channel 6** **2004**

Addressing African American community issues.
- **Let's Learn to Get Along - MTN Public Access Community Television** **2002**

Addressing community issues
- **Prevention and Initiative for Violence-Free Families and Communities in Ramsey County Community Issues Group - MTN** **2002**

Addressing issues associated with family violence and chemical dependency
- **Don't Believe the Hype - KTCA** **1998**

Addressing issues associated with family violence
- **NAACP/Other Hand - KSTP** **1999**

Addressing community issues
- **Good Morning Twin Cities - KSTP** **1989**

Addressing issues associated with chronic pain

MEMBERSHIPS

Minnesota Father & Families Network	2006 - Present
The Minnesota Association of Black Psychologists	2005 - Present
National Association of Alcoholism and Drug Abuse Counselors	1997 – Present
The National Black Alcoholism and Addictions Council, Inc.	2004 - 2010
American Pain Society	2000 – 2007
Midwest Pain Society	1991 – 2000
Minnesota Association for Counseling and Development	1991 – 1995

ACTIVITIES/INTERESTS

Grand children, Community issues, Jazz